

2021 Tomahawk Conference at Sleepy Eye - May 25

Boys

MN Valley Lutheran/NU Cath	83
GFW	83
River Valley	65
Wabasso	26

Girls

MN Valley Lutheran/NU Cath	105
River Valley	94.25
GFW	33.5
Wabasso	20.25

Varsity Boys 100 Meters Finals

Athlete Yr Team Mark

- 1 Treay Taylor 11 G-F-W 12.00
 - 2 Johnnie Ambrose 12 G-F-W 12.20
 - 3 Dominic Henrichs 12 G-F-W 12.36
 - 4 Kaden Ryer 10 River Valley 12.43
 - 5 Caleb Hauger 11 River Valley 12.50
 - 6 Sam Fenger 11 Wabasso 12.68
 - 7 Justin Thompson 9 Minnesota Valley Lutheran 12.73
 - 8 Wyatt Soupir 11 Wabasso 13.34
 - 9 Max Treitler 11 Wabasso 13.44
 - 10 Jaden Helget 8 Minnesota Valley Lutheran 14.01
 - 11 Zachary Sandgren 8 River Valley 14.89
- Nick Bleick 12 Minnesota Valley Lutheran SCR

Wheelchair Boys 100 Meters Finals

Athlete Yr Team Mark

- 1 Toby Hagen 8 River Valley 34.63
- 2 James Hagen 10 River Valley 45.89

Varsity Boys 200 Meters Finals

Athlete Yr Team Mark

- 1 Johnnie Ambrose 12 G-F-W 25.29
 - 2 Dominic Henrichs 12 G-F-W 25.44
 - 3 Caleb Hauger 11 River Valley 25.76
 - 4 Joey Goeglin 12 Minnesota Valley Lutheran 26.08
 - 5 Kaden Ryer 10 River Valley 26.48
 - 6 Jake Heinrichs 10 River Valley 26.53
 - 7 Wyatt Soupir 11 Wabasso 27.28
 - 8 Ben Halvorson 9 Minnesota Valley Lutheran 27.30
 - 9 Garrett Stegeman 7 G-F-W 27.71
 - 10 Steven Lensing 10 Wabasso 29.67
 - 11 Zachary Timm 9 Wabasso 30.45
- Nick Bleick 12 Minnesota Valley Lutheran SCR

Wheelchair Boys 200 Meters Finals

Athlete Yr Team Mark

- 1 Toby Hagen 8 River Valley 1:03.77
- 2 James Hagen 10 River Valley 1:26.33

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Johnnie Ambrose 12 G-F-W 54.36
- 2 Christian Belcher 10 River Valley 56.06
- 3 Justin Thompson 9 Minnesota Valley Lutheran 56.50
- 4 Justin Messner 8 G-F-W 57.42
- 5 Logan Richert 11 River Valley 57.55
- 6 Augie Fliszar 11 Minnesota Valley Lutheran 59.49
- 7 Max Treitler 11 Wabasso 1:01.19
- 8 Garrett Stegeman 7 G-F-W 1:02.75
- 9 Jared Frey 9 Minnesota Valley Lutheran 1:03.63
- 10 Steven Lensing 10 Wabasso 1:08.70

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Jack Panitzke 11 G-F-W 2:15.70
- 2 Ben Potter 9 River Valley 2:18.47
- 3 Nils Quist 10 Minnesota Valley Lutheran 2:19.26
- 4 Elliot Hoffman 9 Minnesota Valley Lutheran 2:26.66
- 5 Aidan Kampsen 10 Wabasso 2:33.40
- 6 Lucas Hensch 8 River Valley 2:33.62
- 7 Ricky Koopman 10 Minnesota Valley Lutheran 2:36.79
- 8 Ty Bernardy 8 Wabasso 2:40.73
- 9 Noah Pope 8 Wabasso 2:49.95

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Josh Hagen 12 River Valley 5:12.14
- 2 Zackary Hensch 11 River Valley 5:14.78
- 3 Noah Christiansen 8 River Valley 5:22.84
- 4 Nate Fliszar 12 Minnesota Valley Lutheran 5:32.20
- 5 Donovan Witte 11 Minnesota Valley Lutheran 5:44.93
- 6 Brennir Peterson 9 G-F-W 5:49.60
- 7 Aidan Kampsen 10 Wabasso 5:55.70
- 8 Jonathan Urban 11 Minnesota Valley Lutheran 6:17.77

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Josh Hagen 12 River Valley 11:40.39
- 2 Isaiah Heins 11 Minnesota Valley Lutheran 11:56.74
- 3 Christian Moldstad 9 Minnesota Valley Lutheran 14:02.27
- 4 Donovan Witte 11 Minnesota Valley Lutheran 14:37.62

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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1 Sam Blomberg 11 Minnesota Valley Lutheran 17.15
2 Will Kaesermann 9 Minnesota Valley Lutheran 18.44
3 Easton Taylor 8 G-F-W 19.49
4 Garrett Schmidt 9 G-F-W 20.27
5 Tyler Bliss 12 Wabasso 20.30

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Sam Blomberg 11 Minnesota Valley Lutheran 46.19
2 Will Kaesermann 9 Minnesota Valley Lutheran 47.00
3 Garrett Schmidt 9 G-F-W 47.02
4 Tyler Bliss 12 Wabasso 47.47
5 Isaac Schmidt 11 Minnesota Valley Lutheran 49.20
6 Easton Taylor 8 G-F-W 49.96

Varsity Boys 4x100m Finals

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Team Time

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1 G-F-W 46.78
Isiah MedranoDominic HenrichsValdimire AmbroseTrey Taylor
2 Minnesota Valley Lutheran 47.67
Ethan FreitagIsaac SchmidtJoey GoeglinNick Bleick
3 River Valley 48.71
Caleb HaugerKaden RyerCJ SurprenantJake Heinrichs

Varsity Boys 4x200m Finals

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Team Time

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1 Minnesota Valley Lutheran 1:41.40
Ethan FreitagSam BlombergBen HalvorsonJoey Goeglin
2 G-F-W 1:43.83
Lorenzo CapatanoJustin MessnerJack PanitzkeValdimire Ambrose
3 River Valley 1:45.44
Christian BelcherCJ SurprenantJake HeinrichsBlake Steffl

Varsity Boys 4x400m Finals

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Team Time

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1 River Valley 3:52.89
Logan RichertBen PotterLucas HenschChristian Belcher
2 Minnesota Valley Lutheran 3:53.47
Ethan FreitagIsaac SchmidtJustin ThompsonSam Halvorson
3 G-F-W 4:09.70
Valdimire AmbroseJustin MessnerBrennir PetersonJack Panitzke

Varsity Boys 4x800m Finals

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Team Time

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1 River Valley 10:29.14
Zackary HenschNoah ChristiansenLogan RichertBen Potter

2 Minnesota Valley Lutheran 11:39.10
Nate FliszarNils QuistRicky KoopmanIsaiah Heins

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark

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- 1 Lorenzo Capatano 11 G-F-W 40-04.00
- 2 Jared Freestone 12 River Valley 39-09.00
- 3 Bryant Karstens 12 Minnesota Valley Lutheran 38-01.00
- 4 Keegan Lorang 10 River Valley 34-10.00
- 5 Alex Johnson 9 G-F-W 33-11.00
- 6 Ethan Schultz 11 Minnesota Valley Lutheran 31-08.00
- 7 Jordan Richtsmeier 11 Minnesota Valley Lutheran 31-05.00
- 8 Dylan Schnobrich 11 G-F-W 30-10.00
- 9 Zach Granda 11 River Valley 29-05.50
- 10 Todd Deterling 9 Wabasso 28-05.00

Wheelchair Boys Shot Put Finals

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Athlete Yr Team Mark

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- 1 James Hagen 10 River Valley 8-04.50
- 2 Toby Hagen 8 River Valley 7-00.00

Varsity Boys Discus Finals

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Athlete Yr Team Mark

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- 1 Alex Johnson 9 G-F-W 114-10
- 2 Dylan Schnobrich 11 G-F-W 114-06
- 3 Isiah Medrano 12 G-F-W 102-00
- 4 Bryant Karstens 12 Minnesota Valley Lutheran 101-00
- 5 Tyler Bliss 12 Wabasso 100-00
- 6 Will Kaesermann 9 Minnesota Valley Lutheran 98-10
- 7 Todd Deterling 9 Wabasso 91-07
- 8 Keegan Lorang 10 River Valley 89-11
- 9 Jordan Richtsmeier 11 Minnesota Valley Lutheran 88-03
- 10 Jared Freestone 12 River Valley 86-05
- 11 Keygan Lund 12 River Valley 84-03
- Ty Bernardy 8 Wabasso SCR

Wheelchair Boys Discus Finals

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Athlete Yr Team Mark

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- 1 James Hagen 10 River Valley 14-06
- Toby Hagen 8 River Valley SCR

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Sam Fenger 11 Wabasso 6-00.00
- 2 Sam Halvorson 11 Minnesota Valley Lutheran 5-06.00
- 3 Max Treitler 11 Wabasso 5-06.00
- 4 Sam Blomberg 11 Minnesota Valley Lutheran 5-06.00

5 Johnnie Ambrose 12 G-F-W 5-06.00
6 Garrett Schmidt 9 G-F-W 5-02.00
7 Isaac Schmidt 11 Minnesota Valley Lutheran 5-02.00
8 Kaden Ryer 10 River Valley 5-02.00
9 Brennir Peterson 9 G-F-W 5-00.00
Zachary Timm 9 Wabasso SCR

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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1 Sam Fenger 11 Wabasso 18-06.75
2 CJ Surprenant 10 River Valley 18-01.00
3 Valdimire Ambrose 12 G-F-W 17-01.75
4 Ben Halvorson 9 Minnesota Valley Lutheran 16-09.50
5 Dominic Henrichs 12 G-F-W 16-05.25
6 Max Treitler 11 Wabasso 15-11.50
7 Blake Steffl 8 River Valley 15-09.25
8 Jake Heinrichs 10 River Valley 15-03.00
9 Jonathan Urban 11 Minnesota Valley Lutheran 14-10.75
10 Zachary Timm 9 Wabasso 14-02.00
Garrett Schmidt 9 G-F-W SCR
Nick Bleick 12 Minnesota Valley Lutheran SCR

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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1 Sam Fenger 11 Wabasso 39-01.50
2 Ethan Freitag 11 Minnesota Valley Lutheran 38-04.00
3 Joey Goeglin 12 Minnesota Valley Lutheran 38-03.00
4 Will Kaesermann 9 Minnesota Valley Lutheran 37-00.00
5 Easton Taylor 8 G-F-W 34-09.00
6 Tyler Bliss 12 Wabasso 34-00.00
7 CJ Surprenant 10 River Valley 33-03.00
8 Noah Christiansen 8 River Valley 33-02.75
9 Blake Steffl 8 River Valley 32-01.50
10 Isiah Medrano 12 G-F-W 31-11.00
11 Brennir Peterson 9 G-F-W 30-10.00

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 Hailey Hollar 9 River Valley 13.98
2 Livia Reinarts 11 Minnesota Valley Lutheran 14.07
3 Anna Schwartz 11 Minnesota Valley Lutheran 14.17
4 Emma Salfer 12 Wabasso 14.25
5 Erika Wells 9 River Valley 14.29
6 Taylor Bauer 7 G-F-W 14.68
7 Katelyn Zeug 9 Wabasso 14.84
8 Brooklyn Diehn 8 River Valley 15.28
8 Taylor Sommer 7 G-F-W 15.28
10 Allison Jesse 12 Wabasso 15.75
11 Jenna Wendland 10 Minnesota Valley Lutheran 15.79

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

- 1 Livia Reinarts 11 Minnesota Valley Lutheran 28.52
- 2 Hailey Hollar 9 River Valley 29.32
- 3 Megan Sandgren 11 River Valley 29.79
- 4 Emma Salfer 12 Wabasso 29.86
- 5 Brynn Busse 10 G-F-W 30.26
- 6 Olivia Woller 10 Minnesota Valley Lutheran 30.41
- 7 Taylor Bauer 7 G-F-W 30.76
- 8 Katelyn Zeug 9 Wabasso 31.45
- 9 Brynn Hoffbeck 7 River Valley 31.62
- 10 Taylor Sommer 7 G-F-W 31.96
- 11 Ashlyn Daub 11 Wabasso 32.04
- 12 Jenna Wendland 10 Minnesota Valley Lutheran 33.14

Varsity Girls 400 Meters Finals

Athlete Yr Team Mark

- 1 Megan Sandgren 11 River Valley 1:02.92
- 2 Livia Reinarts 11 Minnesota Valley Lutheran 1:03.38
- 3 Brynn Busse 10 G-F-W 1:07.61
- 4 Kaylee Hunter 11 Minnesota Valley Lutheran 1:08.60
- 5 Marissa Pabst 8 River Valley 1:09.76
- 6 Taylor Bauer 7 G-F-W 1:13.47
- 7 Mesa Nelson 9 Wabasso 1:16.88
- 8 Kelly Bernardy 10 Wabasso 1:45.06
- Mataya Nelson 12 Wabasso SCR
- Hailey Meinert 11 River Valley SCR

Varsity Girls 800 Meters Finals

Athlete Yr Team Mark

- 1 Lilly McCone 11 River Valley 2:41.60
- 2 Emmaline McCone 8 River Valley 2:42.49
- 3 Mia Johnson 11 Minnesota Valley Lutheran 2:46.02
- 4 Abby Willegal 8 G-F-W 2:50.72
- 5 Chloe Theiste 9 Minnesota Valley Lutheran 3:11.97
- 6 Lonnah Maasch 12 Wabasso 3:17.27
- 7 Miah Brown 11 River Valley 3:19.07
- 8 Mikayla Bliss 10 Wabasso 3:40.80
- 9 Madi Nelson 9 Wabasso 3:52.45

Varsity Girls 1600 Meters Finals

Athlete Yr Team Mark

- 1 Mia Johnson 11 Minnesota Valley Lutheran 5:57.44
- 2 Clare Fischer 11 Minnesota Valley Lutheran 5:59.47
- 3 Madyson Steele 7 G-F-W 6:02.32
- 4 KayLynn Sanderville 10 River Valley 6:35.50
- 5 Ashly Vos 7 G-F-W 6:49.91
- 6 Paige Schwarzrock 7 River Valley 7:20.30
- 7 Pricilla Bauer 9 Minnesota Valley Lutheran 7:30.08
- 8 Lonnah Maasch 12 Wabasso 7:44.85

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Clare Fischer 11 Minnesota Valley Lutheran 12:58.63
2 KayLynn Sanderville 10 River Valley 14:41.50
3 Jessica Albrecht 12 G-F-W 15:04.71
4 Pricilla Bauer 9 Minnesota Valley Lutheran 16:48.28
Hailey Meinert 11 River Valley SCR

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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1 Sophia Portner 12 River Valley 18.53
2 Sophie Gustafson 10 River Valley 18.63
3 Katie Thram 7 River Valley 19.99
4 Rylee Woller 11 Minnesota Valley Lutheran 20.11
5 Ashlyn Daub 11 Wabasso 20.76
6 Shayna Huhnerkoch 9 Wabasso 21.47

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Katie Thram 7 River Valley 53.78
2 Sophia Portner 12 River Valley 54.52
3 Sophie Gustafson 10 River Valley 55.79
4 Naomi Anderson 12 Minnesota Valley Lutheran 57.37
5 Addison Jensen 9 Wabasso 1:01.34
6 Shayna Huhnerkoch 9 Wabasso 1:01.46
7 Rylee Woller 11 Minnesota Valley Lutheran 1:01.47
8 Natasha Doubler 9 Wabasso 1:02.45

Varsity Girls 4x100m Finals

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Team Time

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1 Wabasso 56.20
Ashlyn DaubKatelyn ZeugAllison JesseEmma Salfer
2 River Valley 56.47
Erika WellsBrooklyn DiehnJenny PiotterYanellie Fernandez
3 Minnesota Valley Lutheran 59.42
Anna SchwartzElla SchleiOlivia WollerLaura Rossow

Varsity Girls 4x200m Finals

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Team Time

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1 Minnesota Valley Lutheran 1:57.06
Anna SchwartzKaylee HunterNaomi AndersonOlivia Woller
2 River Valley 1:57.89
Erika WellsSophia PortnerSkyla DauerHailey Hollar
Wabasso SCR
Kelly BernardyMary BottelbergheLeah LightfootCallie Olson

Varsity Girls 4x400m Finals

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Team Time

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1 River Valley 4:36.26
Megan SandgrenEmmaline McConeLilly McConeMarissa Pabst
2 Minnesota Valley Lutheran 4:43.54
Kaylee HunterMia JohnsonNaomi AndersonClare Fischer
3 G-F-W 5:10.01
Taylor SommerMadysen SteeleAshly VosAbby Willegal
4 Wabasso 5:10.54
Allison JesseMataya NelsonMesa NelsonShayna Huhnerkoch

Varsity Girls 4x800m Finals

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Team Time

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1 River Valley 11:37.70
Marissa PabstSkyla DauerEmmaline McConeLilly McCone
2 G-F-W 12:20.53
Madysen SteeleAshly VosJessica AlbrechtAbby Willegal
3 Wabasso 13:29.59
Mataya NelsonMikayla BlissAddison JensenNatasha Doubler

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark

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1 Olivia Schwarzrock 11 G-F-W 33-01.00
2 Ella Schlei 11 Minnesota Valley Lutheran 30-05.00
3 Emma Salfer 12 Wabasso 26-05.00
4 Jenna Wendland 10 Minnesota Valley Lutheran 25-09.00
5 Jessica Gould 11 River Valley 24-08.00
6 Yuridia Fernandez 7 River Valley 24-00.00
7 Laura Rossow 11 Minnesota Valley Lutheran 23-05.00
8 Kylie Unger 12 G-F-W 22-10.00
9 Katelyn Zeug 9 Wabasso 22-08.00
10 Mesa Nelson 9 Wabasso 20-03.00
11 Grace Sullivan 7 River Valley 19-03.00
Jada Thompson 10 G-F-W SCR

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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1 Olivia Schwarzrock 11 G-F-W 112-01
2 Rylee Woller 11 Minnesota Valley Lutheran 81-05
3 Ella Schlei 11 Minnesota Valley Lutheran 79-02
4 Laura Rossow 11 Minnesota Valley Lutheran 78-09
5 Kylie Unger 12 G-F-W 77-04
6 Yuridia Fernandez 7 River Valley 74-09
7 Jessica Gould 11 River Valley 64-03
8 Sophie Gustafson 10 River Valley 62-01
9 Shelby Kramer 7 Wabasso 53-09
10 Leah Lightfoot 7 Wabasso 39-11
11 Mary Bottelberghe 7 Wabasso 39-05
Jada Thompson 10 G-F-W SCR

Varsity Girls High Jump Finals

Athlete Yr Team Mark

- 1 Ella Schlei 11 Minnesota Valley Lutheran 4-06.00
- 2 Rylee Woller 11 Minnesota Valley Lutheran 4-06.00
- 3 Lonnah Maasch 12 Wabasso 4-04.00
- 4 Hailey Hollar 9 River Valley 4-04.00
- 5 Courtlyn Runck 9 River Valley 4-00.00
- 5 Jessica Albrecht 12 G-F-W 4-00.00
- 5 Brynn Busse 10 G-F-W 4-00.00
- 5 Natasha Doubler 9 Wabasso 4-00.00
- Addison Jensen 9 Wabasso SCR
- Miah Brown 11 River Valley SCR

Varsity Girls Long Jump Finals

Athlete Yr Team Mark

- 1 Anna Schwartz 11 Minnesota Valley Lutheran 15-02.25
- 2 Livia Reinarts 11 Minnesota Valley Lutheran 14-11.50
- 3 Emmaline McCone 8 River Valley 13-08.25
- 4 Skyla Dauer 8 River Valley 13-05.00
- 5 Brynn Busse 10 G-F-W 12-10.50
- 6 Olivia Woller 10 Minnesota Valley Lutheran 12-08.75
- 7 Violet Hovland 11 River Valley 12-02.75
- 8 Ashly Vos 7 G-F-W 10-05.25
- 9 Shelby Kramer 7 Wabasso 9-03.50
- 10 Callie Olson 9 Wabasso 9-00.75

Varsity Girls Triple Jump Finals

Athlete Yr Team Mark

- 1 Kaylee Hunter 11 Minnesota Valley Lutheran 33-02.50
- 2 Mia Johnson 11 Minnesota Valley Lutheran 30-05.50
- 3 Naomi Anderson 12 Minnesota Valley Lutheran 29-07.00
- 4 Skyla Dauer 8 River Valley 28-10.00
- 5 Violet Hovland 11 River Valley 27-08.50
- 6 Mataya Nelson 12 Wabasso 26-10.00